

your own tube and turn on your cleanse. During the session, you may expel mucus, gas, worms, undigested foods and very old fecal matter that have been broken loose from the colon wall. This old matter may have been lying in the colon for years. As old unhealthy matter leaves the colon; the opportunity for the growth of important friendly bacteria increases. Colon hydrotherapy is essential to establishing balance in our bodies for improved health.

Most clients need more than one session. Kevin Trudeau in his book "Nature Cures" suggests when you begin a colon detoxification program, to complete fifteen cleanses the first month. For this reason, we offer Colenz packages at reduced rates. Ask our staff for more information or visit our web site at [www.HurleyWellnessCenter.com](http://www.HurleyWellnessCenter.com).

If you have severe symptoms or any serious disorders, please consult with your physician before beginning any detoxification program.

***"One colonic is equivalent to 30 enemas!"***

"We are eating, drinking and breathing toxins daily. Unfortunately, taking a pill or a short-term cleanse will not correct this dilemma. We must detoxify today, detoxify tomorrow and detoxify for life!" Dr. Lora Hurley, ND, CTN  
For the most comfortable, relaxing, and private colon cleansing experience...choose Colenz.

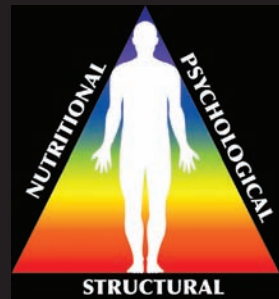
**ATTENTION:**

WE FURNISH THE FACILITY,  
WE FURNISH THE EQUIPMENT,  
WE FURNISH THE INFORMATION,  
WE FURNISH THE ASSISTANCE,  
PRIVATELY, YOU DO YOUR OWN COLON CLEANSE

"We are Eating, Drinking, and Breathing Toxins Daily!"

Toxin: Noun; Anything that is injurious, destructive, or fatal.

YOU Need What We Have For Whole Body Detoxification!



Certified Clinical Microscopy & Certified  
Live Blood Cell Analysis

Certified Lymphatic Tissue Detoxification  
ST8, LBG, (Vodder & Retrograde Flow MLD)

Certified Brimhall Wellness Practitioner  
ANCB Board Certified Naturopath

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# COLENZ

*Sick And Tired, But You Don't Know Why?  
Maybe It's Time To Detoxify!*



**Dr. Lora Hurley, ND, CTN**  
ANCB Board Certified  
Naturopath

## About your colon:

The colon (or large intestine) is an eliminatory organ (one that gets rid of toxic debris), that is hollow and tube-like in shape. It is made up of a muscle structure that moves toxic material along by a wave-like motion known as peristaltic action. Use of laxatives weakens these muscles, creating dependency. From the beginning of the large intestine (cecum) to the rectum, it is approximately 5' to 6 feet in length. Surprisingly, healthy elimination begins within one to two hours after eating. Average food transit time is 18 to 24 hours in a healthy colon.

People believe they are OK if they have at least one bowel movement daily and this may not be the truth. You may still be constipated, depending on food and water consumption. Some medications are also very dehydrating. If you eat three to five times a day, your bowel should move accordingly. When a person is constipated, the walls of the colon are generally packed or lined with accumulated feces. This causes extended periods of intestinal toxic overloading. In this condition, the colon can neither absorb, nor eliminate properly. Blood from this system circulates through every organ in the body and reaches every cell. Additionally, the colon is inhabited by bacteria, parasites and other organisms that too can be distributed throughout the whole body.

Bowel movements once daily, or every two to three days, are considered normal in America. This is common, but it is insufficient to maintain health. The average person is carrying several pounds of dried fecal matter impacted in the colon as a result of eating flour, meat, fat, dairy products, sugar, alcohol and preservatives.

Foul-smelling stool and gas are also danger signs. The healthy color of stool is golden-brown and has minimal odor. During constipation, there may be darkening of the stool. This is caused by the longer transition time in your system with residues lying in your colon for more than 12 hours. This can lead to a condition called toxemia.

A toxic bowel is the source of many health problems. In America, over two million people per year are diagnosed with colon disease with rising numbers yearly diagnosed with colon cancer. Cleansing and rebuilding a poorly functioning colon is one of the most important steps you can take to greatly reduce the risk of colon cancer and achieve an improved state of health.

To properly clean the body tissue, we must start by a thorough cleaning of the bowel. Colon cleansing is a valuable procedure that activates the body's self-healing process by washing down the old, toxic mucus lining of the bowel, thereby allowing a more efficient means of waste elimination and nutrient absorption. Both are essential to any lasting rejuvenation process. This is also the first step toward normalizing the colon so that the friendly bacteria can return to keep the colon safe from putrefaction.

It takes time to pollute our body to the point of disease, so it also takes time to reverse this process through a series of internal cleanses. Colenz is highly supportive for those with constipation complaints, low energy, skin issues or poor immunity.

## Do I need Colon Cleansing?

Do you experience any of the following signals regularly?

- Constipation, laxative use or diarrhea
- Frequent headaches
- Skin problems
- Lower back pain
- Lowered resistance to infection
- Fatigue, Insomnia, or Irritability
- Edema/swelling
- Bloating and indigestion
- Bad breath
- Asthma/sinus problems
- Food allergies
- Overweight/underweight
- Lack of sexual response
- Menstrual problems
- Loss of memory or Depression
- General aches and pains
- Yeast infections
- Athletes foot or jock itch

The above is meant only to indicate some of the symptoms of auto-intoxication. It is safe to say that anyone who eats a basic "American diet" will benefit from periodic internal cleansing, especially if you have a high risk job or lifestyle.

## What to expect:

Persons who have never had a colon hydrotherapy treatment may be fearful or embarrassed to receive one. This is because they don't know what to expect.

The usual session lasts about thirty minutes. All of the rectal tubes are individually wrapped for sanitation. The tubes are smaller in diameter than a pencil and only three inches is inserted into the rectum.

The tubing has a safety device, which passes through the dome, locking it in place. A lubricated nozzle is inserted by the user. The nozzle bends toward the user, allowing penetration of no more than three inches, to avoid damage to the colon wall. The nozzle is stiff enough to remain in place, yet soft enough to avoid discomfort.

The clinician will check to see that the user is comfortable and water is able to run freely. The user is then free to conduct their own cleanse as directed by step-by-step instructions posted on the device itself.

Caution: Hydrotherapy for the bowel should only be used with "clean" water. The bowel absorbs toxins like chlorine, fluoride, and other chemicals from "processed" water and "Well" water may contain heavy metals and parasites.

To prevent adding any toxins to the bowel, our continuous flow enema system uses water that has been filtered by carbon, ceramic, then magnetized, and finally, treated with ultra violet light to provide you with safe, clean, pure water for your cleanse. The Water is pre-warmed to a temperature that is comfortable and makes the experience relaxing.

Our Colenz unit has a water fan spray from both sides of the inner basin that controls foul odor and continually washes the solid debris. This allows an easy view of fecal matter through clear water, which settles at the bottom of the basin. After cleansing is completed, the domed unit can be lifted and the debris inspected, allowing removal for microscopic inspection or testing, if desired. After inspection, the large debris is power flushed from the basin. This device allows the client complete privacy, unless they need assistance.

Dr. Bernard Jensen, author of Dr. Jensen's Guide to Better Bowel Care, was a valuable influence in developing this colon cleansing device. The device is compliant with the FDA regulations set forth for the industry, which includes the benefits of cleansing the bowel prior to a colonoscopy or endoscopy.

Your colon cleansing experience is private and safe. You insert